

COUNT THE OMER

We count the Omer after nightfall (preferably when the stars come out), starting with the second night of Pesah. The *berakhah* is recited first, and then the days and weeks are counted.







If you forget to count all night long, but remember the next day, you should count without a *berakhah* during that day, and then continue to count with a *berakhah* on the subsequent nights. But if that whole day passes without counting as well, then you should no longer count with a *berakhah*. Just keep counting without a *berakhah* until Shavuot.

On this counting sheet, the secular date tells you which night you should count. So, on the **night** of 4/13/25, you should count Day 1. Check each night off above the number after you count. Happy counting!

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר:

Blessed are You, God our Lord, Ruler of the world, who sanctified us with God's mitzvot, and commanded us about counting the Omer.



<div><div></div><div>1</div></div> <div><div>שְׁמַע יִשְׂרָאֵל ה' אֱלֹהֵינוּ ה' אֶחָד</div><div></div><div><div>Hear, Israel, God is our Lord, God is 1.</div><div>DEVARIM 6:4</div></div></div>	<div><div></div><div>2</div></div> <div><div>טוֹבִים הַשְּׁנַיִם מִן הָאֶחָד</div><div>2 are better than one.</div><div>KOHELET 4:9</div><div></div></div>	<div><div></div><div>3</div></div> <div><div>רַבּוֹן שְׁמַעוֹן בֶּן גַּמְלִיאֵל אוֹמֵר, עַל שְׁלֹשָׁה דְּבָרִים הָעוֹלָם עוֹמֵד: עַל הַדִּין, וְעַל הָאֱמֶת, וְעַל הַשְּׁלוֹם</div><div>Rabban Shimon ben Gamliel says, "The world stands on 3 things: justice, truth, and peace."</div><div>MISHNAH AVOT 1:18</div><div></div></div>	<div><div></div><div>4</div></div> <div><div>There are 4 questions in the מה נשתנה (mah nishtanah)!</div><div></div><div><div>A child should start learning Tanakh by the age of 5.</div><div>MISHNAH AVOT 5:21</div></div></div>	<div><div></div><div>5</div></div> <div><div>בן חמש שנים למקרא</div><div></div><div><div>The Torah was given (and Shavuot is celebrated) on the 6th day of Sivan.</div><div>SHABBAT 88A</div></div></div>	<div><div></div><div>6</div></div> <div><div>יוֹם הַשְּׁבִיעִי שַׁבָּת לִה' אֱלֹהֵינוּ</div><div></div><div><div>The 7th day is Shabbat for God.</div><div>SHEMOT 20:9</div></div></div>	<div><div></div><div>7</div></div> <div><div></div><div></div><div></div></div>
<div><div>SUNDAY 4/13</div><div>הַיּוֹם יוֹם אֶחָד לְעֹמֶר:</div><div>Today is day 1 of the Omer.</div></div>	<div><div>MONDAY 4/14</div><div>הַיּוֹם שְׁנַיִם יָמִים לְעֹמֶר:</div><div>Today is 2 days of the Omer.</div></div>	<div><div>TUESDAY 4/15</div><div>הַיּוֹם שְׁלוֹשָׁה יָמִים לְעֹמֶר:</div><div>Today is 3 days of the Omer.</div></div>	<div><div>WEDNESDAY 4/16</div><div>הַיּוֹם אַרְבָּעָה יָמִים לְעֹמֶר:</div><div>Today is 4 days of the Omer.</div></div>	<div><div>THURSDAY 4/17</div><div>הַיּוֹם חֲמִשָּׁה יָמִים לְעֹמֶר:</div><div>Today is 5 days of the Omer.</div></div>	<div><div>FRIDAY 4/18</div><div>הַיּוֹם שֵׁשֶׁה יָמִים לְעֹמֶר:</div><div>Today is 6 days of the Omer.</div></div>	<div><div>AFTER SHABBAT 4/19</div><div>הַיּוֹם שִׁבְעָה יָמִים שָׁהם שְׁבִיעַ אֶחָד לְעֹמֶר:</div><div>Today is 7 days— which is one week— of the Omer.</div></div>



8

What's your favorite outfit?
The Kohen Gadol had **8** special garments to wear!

SHEMOT 28



9

The bed of Og, the giant, was **9** אמות (amot, cubits) long—about 13.5 feet!



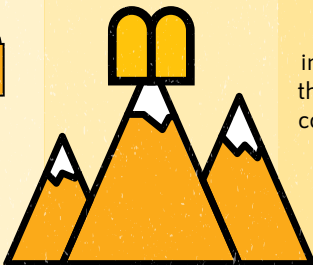
DEVARIM 3:11



10

The **10** "commandments" given at Har Sinai were actually **10** דְּבָרוֹת (dibrot, utterances).

SHEMOT 34:28



11



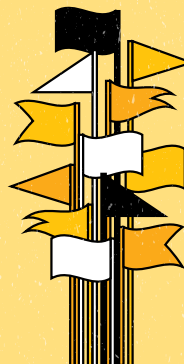
The ketoret (ketoret, incense offering) in the Beit HaMikdash contained **11** spices.

KERITOT 6A



12

There are **12** שבטים (shevatim, tribes) of Israel.



13

There are **13** letters in the names of the אמהות (imahot, mothers), and **13** letters in the names of the אבות (avot, fathers):

שָׁרָה(3)+רַבֵּקָה(4)+
יִצְחָק(4)+לֵאָה(3)=
31
יַעֲקֹב(4)+אֲבִרָה(5)=
31



R. Eliezer says the goal is to eat **14** meals in the sukkah over the holiday of Sukkot.

MISHNAH SUKKAH 2:6

SUNDAY 4/20

הַיּוֹם שְׁמוֹנֶה יָמִים שֶׁהֵם שְׁבוּעַת אֶחָד וְיוֹם אֶחָד לַעֲמֹר:

Today is **8** days—which is one week and 1 day—of the Omer.

MONDAY 4/21

הַיּוֹם תְּשַׁע יָמִים שֶׁהֵם שְׁבוּעַת אֶחָד וּשְׁנֵי יָמִים לַעֲמֹר:

Today is **9** days—which is one week and 2 days—of the Omer.

TUESDAY 4/22

הַיּוֹם עֲשָׂרָה יָמִים שֶׁהֵם שְׁבוּעַת אֶחָד וּשְׁלוֹשָׁה יָמִים לַעֲמֹר:

Today is **10** days—which is one week and 3 days—of the Omer.

WEDNESDAY 4/23

הַיּוֹם אֶחָד עָשָׂר יוֹם שֶׁהֵם שְׁבוּעַת אֶחָד וְאַרְבָּעָה יָמִים לַעֲמֹר:

Today is **11** days—which is one week and 4 days—of the Omer.

THURSDAY 4/24

הַיּוֹם שְׁנַיִם עָשָׂר יוֹם שֶׁהֵם שְׁבוּעַת אֶחָד וַחֲמִשָּׁה יָמִים לַעֲמֹר:

Today is **12** days—which is one week and 5 days—of the Omer.

FRIDAY 4/25

הַיּוֹם שְׁלוֹשָׁה עָשָׂר יוֹם שֶׁהֵם שְׁבוּעַת אֶחָד וְשִׁשָּׁה יָמִים לַעֲמֹר:

Today is **13** days—which is one week and 6 days—of the Omer.

AFTER SHABBAT 4/26

הַיּוֹם אַרְבָּעָה עָשָׂר יוֹם שֶׁהֵם שְׁנֵי שְׁבוּעוֹת לַעֲמֹר:

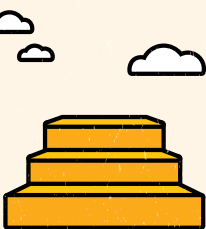
Today is **14** days—which is 2 weeks—of the Omer.



15

There were **15** steps leading from one courtyard to the other in the Beit HaMikdash.

MISHNAH SUKKAH 5:4



16



A רשות הרבים (reshut harabim, public domain) on Shabbat must be at least **16** אמות (amot, cubits) wide—about 24 feet.



17



On the **17th** day of Tammuz, the luhot (tablets) were broken, the daily sacrifice was ended, the walls of the city were breached, Apostomos burned the Torah, and he put up an idol in the Temple.

MISHNAH TAANIT 4:6



18

שְׁמוֹנֶה עָשָׂר יָמִים שֶׁהֵיחִיד גּוֹמֵר בְּהֵן אֵת הַהֵלֵל

There are **18** days in the year when the full Hallel is said.

ARAKHIN 10A



19

There are actually **19** blessings in the weekday עֲמִידָה (amidah, central prayer service), even though it is often called the שְׁמוֹנֶה עָשָׂרָה (shemonah esreih), which means 18!



20

The actual age of full adulthood in Judaism is **20** (not 12 or 13). According to Avot 5:21, that is when a person should start working.



21



A Torah reading on Shabbat morning must have at least **21** פסוקים (pesukim, verses). And the same is true for the Haftarah.

MEGILLAH 23A

SUNDAY 4/27

הַיּוֹם חֲמִשָּׁה עָשָׂר יוֹם שֶׁהֵם שְׁנֵי שְׁבוּעוֹת וְיוֹם אֶחָד לַעֲמֹר:

Today is **15** days—which is 2 weeks and 1 day—of the Omer.

MONDAY 4/28

הַיּוֹם שִׁשָּׁה עָשָׂר יוֹם שֶׁהֵם שְׁנֵי שְׁבוּעוֹת וּשְׁנֵי יָמִים לַעֲמֹר:

Today is **16** days—which is 2 weeks and 2 days—of the Omer.

TUESDAY 4/29

הַיּוֹם שְׁבַע עָשָׂר יוֹם שֶׁהֵם שְׁנֵי שְׁבוּעוֹת וּשְׁלוֹשָׁה יָמִים לַעֲמֹר:

Today is **17** days—which is 2 weeks and 3 days—of the Omer.

WEDNESDAY 4/30

הַיּוֹם שְׁמוֹנֶה עָשָׂר יוֹם שֶׁהֵם שְׁנֵי שְׁבוּעוֹת וְאַרְבָּעָה יָמִים לַעֲמֹר:

Today is **18** days—which is 2 weeks and 4 days—of the Omer.

THURSDAY 5/1

הַיּוֹם תְּשַׁע עָשָׂר יוֹם שֶׁהֵם שְׁנֵי שְׁבוּעוֹת וַחֲמִשָּׁה יָמִים לַעֲמֹר:

Today is **19** days—which is 2 weeks and 5 days—of the Omer.

FRIDAY 5/2

הַיּוֹם עָשָׂרִים יוֹם שֶׁהֵם שְׁנֵי שְׁבוּעוֹת וְשִׁשָּׁה יָמִים לַעֲמֹר:

Today is **20** days—which is 2 weeks and 6 days—of the Omer.

AFTER SHABBAT 5/3

הַיּוֹם אֶחָד וְעֶשְׂרִים יוֹם שֶׁהֵם שְׁלוֹשָׁה שְׁבוּעוֹת לַעֲמֹר:

Today is **21** days—which is 3 weeks—of the Omer.

22

There are 22 letters in the Aleph Bet.



23

A Jewish court of law needs 23 judges to carry out some of the most serious cases.



MISHNAH
SANHEDRIN 1:1

24

There are 24 books in the Tanakh (Tanakh, Hebrew Bible).



25



According to the gemara, there should not be more than 25 students per teacher in the classroom!

BAVA BATRA 25A

26

The gematria (gematria, numerical value) of God's four-letter Name, the Tetragrammaton, is 26.

	1	10
	ה	5
	1	6
+	ה	5
		26

27

ובחודש השני בשבעה ועשרים יום לחדש ניסא הארץ

In the second month on the 27th day, the land dried up (from the Flood)

BEREISHIT 8:14



28



R. Elazar ben Hyrcanos was 28 years old when he began learning Torah. So even if you didn't start learning Torah by 5 (like Avot 5:21 says), it's not too late!

PIRKEI DERABBI ELIEZAR

SUNDAY 5/4

היום שנים ועשרים יום שהם שלושה שבועות ויום לעמר:

Today is 22 days—which is 3 weeks and 1 day—of the Omer.

MONDAY 5/5

היום שלושה ועשרים יום שהם שלושה שבועות ושני ימים לעמר:

Today is 23 days—which is 3 weeks and 2 days—of the Omer.

TUESDAY 5/6

היום ארבעה ועשרים יום שהם שלושה שבועות ושלושה ימים לעמר:

Today is 24 days—which is 3 weeks and 3 days—of the Omer.

WEDNESDAY 5/7

היום חמשה ועשרים יום שהם שלושה שבועות וארבעה ימים לעמר:

Today is 25 days—which is 3 weeks and 4 days—of the Omer.

THURSDAY 5/8

היום ששה ועשרים יום שהם שלושה שבועות וחמשה ימים לעמר:

Today is 26 days—which is 3 weeks and 5 days—of the Omer.

FRIDAY 5/9

היום שבעה ועשרים יום שהם שלושה שבועות וששה ימים לעמר:

Today is 27 days—which is 3 weeks and 6 days—of the Omer.

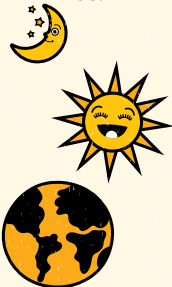
AFTER SHABBAT 5/10

היום שמונה ועשרים יום שהם ארבעה שבועות לעמר:

Today is 28 days—which is 4 weeks—of the Omer.

29

29 days is the shortest a Jewish calendar month can be.



30

We start learning the laws of a holiday 30 days prior. (There are only 20 days until Shavuot, so we better get going!)

BASED ON
PESAHIM 6A



31



The Israelites ate the matzah they took out of Egypt for 31 days.

MEKHILTA
MASSEKHTA
DEVAYASA 1

32

In the Tanakh (Tanakh, Bible), dogs are mentioned 32 times!



33

We've reached Lag BaOmer, day 33 of the Omer! Did you know that the 33rd word in the Torah is טוב (tov, good)? Keep up the good work counting!



34

Shabbat is mentioned in 34 פסוקים (pesukim, verses) in the Torah.

השבת לחדשו כ צודה' אלוהים: שני מים תעבד ועשיו ל-מלאכתה: ויום שביעי שבת

35

The numerical value of יהודי



(Yehudi, Jew) is 35.

SUNDAY 5/11

היום תשעה ועשרים יום שהם ארבעה שבועות ויום אחד לעמר:

Today is 29 days—which is 4 weeks and 1 day—of the Omer.

MONDAY 5/12

היום שלושים יום שהם ארבעה שבועות ושני ימים לעמר:

Today is 30 days—which is 4 weeks and 2 days—of the Omer.

TUESDAY 5/13

היום אחד ושלושים יום שהם ארבעה שבועות ושלושה ימים לעמר:

Today is 31 days—which is 4 weeks and 3 days—of the Omer.

WEDNESDAY 5/14

היום שנים ושלושים יום שהם ארבעה שבועות וארבעה ימים לעמר:

Today is 32 days—which is 4 weeks and 4 days—of the Omer.

THURSDAY 5/15

היום שלושה ושלושים יום שהם ארבעה שבועות וחמשה ימים לעמר:

Today is 33 days—which is 4 weeks and 5 days—of the Omer.

FRIDAY 5/16

היום ארבעה ושלושים יום שהם ארבעה שבועות וששה ימים לעמר:

Today is 34 days—which is 4 weeks and 6 days—of the Omer.

AFTER SHABBAT 5/17

היום חמשה ושלושים יום שהם חמשה שבועות לעמר:

Today is 35 days—which is 5 weeks—of the Omer.

36

According to R. Yehudah bar R. Ilai, the Kohen Gadol had **36** bells on the hem of his robe.

VAYIKRA RABBAH 21:7



37



The Talmud Bavli (Babylonian Talmud) contains **37** מסכתות (masekhtot, sections).

38

Yehosha led Benei Yisrael for **38** years.
YALKUT SHIMONI YEHOSHUA 35



39

There are **39** מצוות מלאכה (avot melakhah, categories of work) that we refrain from on Shabbat. Those same categories were the types of work used in building the משכן (mishkan).



40

וַיְהִי שָׁם עִם ה' אַרְבָּעִים יוֹם וְאַרְבָּעִים לַיְלָה לֹחֶם לֹא אָכַל וּמַיִם לֹא שָׁתָה



Moshe was up on Har Sinai with God for **40** days and **40** nights, not eating bread and not drinking water.
SHEMOT 34:28

41

There are **41** פסוקים (pesukim, verses) in the last parashah of the Torah (Vezot Haberakhah).
MASORETIC NOTE ON THE TORAH



42

Are we there yet?



Benei Yisrael's journey in the wilderness had **42** stops along the way from Egypt to the Land of Israel.
BEMIDBAR 33

SUNDAY 5/18

הַיּוֹם שְׁשֶׁה וּשְׁלוּשִׁים יוֹם שָׁהֵם חֲמִשָּׁה שָׁבוּעוֹת וְיוֹם אֶחָד לְעֹמֶר:

Today is **36** days—which is 5 weeks and 1 day—of the Omer.

MONDAY 5/19

הַיּוֹם שִׁבְעָה וּשְׁלוּשִׁים יוֹם שָׁהֵם חֲמִשָּׁה שָׁבוּעוֹת וּשְׁנֵי יָמִים לְעֹמֶר:

Today is **37** days—which is 5 weeks and 2 days—of the Omer.

TUESDAY 5/20

הַיּוֹם שְׁמוֹנֶה וּשְׁלוּשִׁים יוֹם שָׁהֵם חֲמִשָּׁה שָׁבוּעוֹת וּשְׁלוּשָׁה יָמִים לְעֹמֶר:

Today is **38** days—which is 5 weeks and 3 days—of the Omer.

WEDNESDAY 5/21

הַיּוֹם תְּשַׁעָּה וּשְׁלוּשִׁים יוֹם שָׁהֵם חֲמִשָּׁה שָׁבוּעוֹת וְאַרְבָּעָה יָמִים לְעֹמֶר:

Today is **39** days—which is 5 weeks and 4 days—of the Omer.

THURSDAY 5/22

הַיּוֹם אַרְבָּעִים יוֹם שָׁהֵם חֲמִשָּׁה שָׁבוּעוֹת וְחֲמִשָּׁה יָמִים לְעֹמֶר:

Today is **40** days—which is 5 weeks and 5 days—of the Omer.

FRIDAY 5/23

הַיּוֹם אֶחָד וְאַרְבָּעִים יוֹם שָׁהֵם חֲמִשָּׁה שָׁבוּעוֹת וְשִׁשָּׁה יָמִים לְעֹמֶר:

Today is **41** days—which is 5 weeks and 6 days—of the Omer.

AFTER SHABBAT 5/24

הַיּוֹם שְׁנַיִם וְאַרְבָּעִים יוֹם שָׁהֵם שִׁשָּׁה שָׁבוּעוֹת לְעֹמֶר:

Today is **42** days—which is 6 weeks—of the Omer.

43



There is a mitzvah to separate some of your bread dough for kohanim if your dough has a volume of **43 1/5** ביצים (beitzim, eggs - about 5 lbs of flour) or more.
ZEVAHIM 42A

44

After **44** days of being stuck on Mount Ararat, the waters of the Flood dropped enough for Noah to see the mountaintops.

MIDRASH LEKAH TOV, NOAH 8:5



45

Shimon HaTzaddik was the Kohen Gadol for **45** years. That's a long time to have one job!



VAYIKRA RABBAH 21:9

46



The Torah stresses to treat גֵּרִים (gerim, strangers) with kindness **46** times!

BAVA METZIA 59B

47

כְּשָׁבוּ אֶל ה' סִינֵי חָנוּ בְּלֵם נֶגֶד הָהָר בְּלֵב אֶחָד

When Benei Yisrael came to Har Sinai, they all camped by the mountain with one heart (בְּלֵב אֶחָד)—the numerical value of this phrase is **47**!

TANNA DEVEI ELIYAHU, PIRKEI YERIDOT, 3

48

There are **48** words in the first paragraph of Shema.

DEVARIM 6:4-9



49



Hooray! You've just counted **49** days of the Omer!

SUNDAY 5/25

הַיּוֹם שְׁלוּשָׁה וְאַרְבָּעִים יוֹם שָׁהֵם שִׁשָּׁה שָׁבוּעוֹת וְיוֹם אֶחָד לְעֹמֶר:

Today is **43** days—which is 6 weeks and 1 day—of the Omer.

MONDAY 5/26

הַיּוֹם אַרְבָּעָה וְאַרְבָּעִים יוֹם שָׁהֵם שִׁשָּׁה שָׁבוּעוֹת וּשְׁנֵי יָמִים לְעֹמֶר:

Today is **44** days—which is 6 weeks and 2 days—of the Omer.

TUESDAY 5/27

הַיּוֹם חֲמִשָּׁה וְאַרְבָּעִים יוֹם שָׁהֵם שִׁשָּׁה שָׁבוּעוֹת וּשְׁלוּשָׁה יָמִים לְעֹמֶר:

Today is **45** days—which is 6 weeks and 3 days—of the Omer.

WEDNESDAY 5/28

הַיּוֹם שִׁשָּׁה וְאַרְבָּעִים יוֹם שָׁהֵם שִׁשָּׁה שָׁבוּעוֹת וְאַרְבָּעָה יָמִים לְעֹמֶר:

Today is **46** days—which is 6 weeks and 4 days—of the Omer.

THURSDAY 5/29

הַיּוֹם שִׁבְעָה וְאַרְבָּעִים יוֹם שָׁהֵם שִׁשָּׁה שָׁבוּעוֹת וְחֲמִשָּׁה יָמִים לְעֹמֶר:

Today is **47** days—which is 6 weeks and 5 days—of the Omer.

FRIDAY 5/30

הַיּוֹם שְׁמוֹנֶה וְאַרְבָּעִים יוֹם שָׁהֵם שִׁשָּׁה שָׁבוּעוֹת וְשִׁשָּׁה יָמִים לְעֹמֶר:

Today is **48** days—which is 6 weeks and 6 days—of the Omer.

AFTER SHABBAT 5/31

הַיּוֹם תְּשַׁעָּה וְאַרְבָּעִים יוֹם שָׁהֵם שִׁבְעָה שָׁבוּעוֹת לְעֹמֶר:

Today is **49** days—which is 7 weeks—of the Omer.