

Dear Parents,

With great excitement, Beit Rabban's Food Committee is happy to announce the imminent arrival of a lunch program at our school. After our fact-gathering survey several weeks ago, we've received feedback that most of the parents who are interested in hot lunch would be interested in truly healthy meals and in having meals provided at least three times a week. To that end, we are piloting a three week program, with meals catered from Sacred Chow twice a week (Tuesdays & Thursdays), and whole-wheat Pizza with fruit, from Café Roma, once a week (Fridays). The meals from Sacred Chow are \$7.00 each, while the pizza will be \$5.00. Parents can opt for the lunches once, twice or for all three meals per week. See the attached form for the menu options.

Sacred Chow is a highly acclaimed, kosher, organic restaurant. Visit Yelp.com to see the independent reviews! The menu for Beit Rabban was created with the kids in mind, and although it's not "typical" lunch fare, it will be healthy, high quality, and tasty! All lunches will be individually wrapped and served with seasonal organic or locally grown fruit. In addition to the pizza from Café Roma, the Friday lunches will include fruit. Water will be served on all days.

We hope you'll consider participating in this initiative. Towards the end of our pilot, we will survey the children and the parents to get your feedback.

The three week pilot program will begin on Tuesday, January 10th. The deadline to submit your form and payment will be on Wednesday, January 4th, 2012. No registration will be accepted without payment.

If you're interested in signing up for meals, please print out a copy of the attached form for **each child** who will be participating, and bring checks (**made out to Beit Rabban**), or cash, in an envelope marked "lunch program" to Teri. As this is a 3 week only pilot, please understand that there will be no flexibility with regard to substitutions, modifications, or cancellations once the program begins.

Please let us know if you have any comments or concerns by emailing jill@happyaslamb.com

Kindly,

The Beit Rabban Food Committee

Beit Rabban Lunch Program Pilot (January 10 – January 27, 2012)

Child's name: _____ Child's class: _____

Parent(s)' name: _____ Parent(s)' email address: _____

Please indicate all the days you are interested in having your child participate in the lunch program. Once selected, please calculate how much money your family owes for the 3 week period. Once the pilot begins, there will be no refunds or cancellations. Thank you for your understanding. **Note: Despite the names of the dishes, all foods being served are either dairy or parve.** Please contact the school if you have questions about specific ingredients for any item.

<input type="checkbox"/> Tuesday, January 10 Spaghetti and "Meatballs" plus fruit	<input type="checkbox"/> Thursday, January 12 Asian Power Bowl: Brown Rice, Veggies and Tofu plus fruit	<input type="checkbox"/> Friday, January 13 Whole-wheat Pizza and fruit
<input type="checkbox"/> Tuesday, January 17 Soba Noodles, Tofu and Vegetables plus fruit	<input type="checkbox"/> Thursday, January 19 Chummus Sandwich on Whole Grain with shredded Vegetables plus fruit	<input type="checkbox"/> Friday, January 20 Whole-wheat Pizza and fruit
<input type="checkbox"/> Tuesday, January 24 "Turkey" on Whole Wheat with shredded Vegetables plus fruit	<input type="checkbox"/> Thursday, January 26 "Chicken" with BBQ sauce on Whole Wheat Hero plus fruit	<input type="checkbox"/> Friday, January 27 Whole-wheat Pizza and fruit
Number of meals____ x\$7.00	Number of meals____ x\$7.00	Number of meals____ x\$5.00

Total amount due_____

Thank you for your participation!

PAYMENT IS DUE BY January 4, 2012.

PLEASE MAKE ALL CHECKS PAYABLE TO BEIT RABBAN.